Transcending Barriers

Providing Comprehensive Sexual Assault Services in Rural Areas

August 21, 2014

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• Jessica Haymaker; Rural Sexual Assault Services Coordinator at KCSDV, Topeka, KS
Objectives

• Come away with a better understanding of the general barriers and challenges that rural domestic and sexual violence (dual) programs face in serving sexual assault survivors.

• Leave with a general knowledge of two specific tools that can be used to evaluate and action plan around their sexual assault services.

• Gain an understanding of lessons learned through the transitional process of moving from a one-size-fits-all model to improving and creating specific and unique services for sexual assault survivors.
Sexual Violence: Issues and Solutions

• SADI
• Issue of sexual assault evidence backlog
• Statute of limitations
KBI 2009 Rural Statistics

• A 2009 Kansas Bureau of Investigation report indicated that 21 out of the 36 counties (and their law enforcement agencies) served by the four rural advocacy programs reported no rapes.

KBI’s 2009 Domestic Violence, Stalking, and Rape In Kansas Report
KBI 2012 Rural statistics

Of those same 36 counties, in 2012:

– 13 rural counties reported 0 rapes
– 11 rural counties reported 1 rape

KBI’s 2012 Domestic Violence, Stalking, and Rape In Kansas Report
Kansas Rural Communities

- Levels of rural communities
- Rural communities are underserved in Kansas
- Energy extraction boom
- Rural universities/community colleges
- Large farming/food production corporations
Rural Realities

• Interconnectedness
• Access to Resources
• Isolation
• Economics
• Housing
Rural Stereotype: Lack of Diversity

- LBGT community
- Refugee communities
- Immigrant communities
- Many of Kansas’ reservations are located in rural areas
Rural Stereotype: This community is safe

- Safe for whom?
- “Sexual assault doesn’t happen here.”
- LEO lack of reporting to KBI
- Interconnectedness = denial
- Related to belief that SA is a mostly a stranger crime
Family Crisis Services
Family Crisis Services

• Finney, Kearny, Lane, Scott, Hamilton, Wichita, Greeley counties
• Except Finney county (FCS location), all counties hold less than 5,000 people each
• Outreach to closed communities
• Community resources
Finney County

- FCS physical location in Garden City, KS
- Garden City school district has 22 different languages spoken; 28 different languages spoken in all 7 counties
- Tyson Beef Plant located in Holcomb, KS who recruit from all different cultures/states
- Only SANE program in service area

<table>
<thead>
<tr>
<th>2012 Prediction of Census</th>
<th>Percentage of individuals</th>
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<tbody>
<tr>
<td>Black or African American</td>
<td>2.9%</td>
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<tr>
<td>American Indian and Alaska Native</td>
<td>1.3%</td>
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<tr>
<td>Asian</td>
<td>3.8%</td>
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<tr>
<td>Native Hawaiian and Other Pacific Islander</td>
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<td>47.7%</td>
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<td>White, not Hispanic or Latino</td>
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Kearny County

- Farming is main industry
- Deerfield, Lakin/Kendall school districts
- Hospital in Lakin and clinic in Deerfield

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<tr>
<td>Hispanic or Latino</td>
<td>29.1%</td>
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<tr>
<td>White, not Hispanic or Latino</td>
<td>67.5%</td>
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Hamilton County

- Farming is the post prominent industry
- Dairy located in Syracuse, KS
- Coolidge and Syracuse are only towns in the county
- Hospital located in Syracuse
- Law Enforcement in this county have requested assistance from KBI in two SA cases and one arrest recently yet no prosecutions
- Hamilton County Sheriff was investigated for Domestic Battery & Aggravated Assault

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<td>Hispanic or Latino</td>
<td>31.7%</td>
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<td>65.8%</td>
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Greeley County

- Furthest county from program; advocate response time up to 2 hours
- Farming is main industry
- No sexual assault cases or survivors have come from this county
- Attempted homicide-suicide occurred in Greeley

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<td>0.6%</td>
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<td>Asian</td>
<td>0.4%</td>
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<tr>
<td>Native Hawaiian and Other Pacific Islander</td>
<td>0.0%</td>
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<td>0.9%</td>
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<td>Hispanic or Latino</td>
<td>14.7%</td>
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<tr>
<td>White, not Hispanic or Latino</td>
<td>83.5%</td>
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Scott County

• Farming and feed yards located in this county
• Regional child advocacy center located in Scott City
• Scott City and Healy are the towns located in this county
• Law enforcement from this county have been hesitant to assist victims of violence

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<td>Asian</td>
<td>0.6%</td>
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<td>0.1%</td>
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<td>Hispanic or Latino</td>
<td>16.5%</td>
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<tr>
<td>White, not Hispanic or Latino</td>
<td>81.6%</td>
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Wichita County

- Farming most prominent industry
- Hog yard located in Leoti
- Marienthal is a town located in this county with no survivors or referrals ever coming from it
- Inpatient women’s drug and alcohol treatment facility located in Marienthal
- Director of this D&A treatment facility has been convicted of stalking and domestic battery
- Parts of the religious communities are providing referral

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<tr>
<td>Two or More Races</td>
<td>0.9%</td>
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<tr>
<td>Hispanic or Latino</td>
<td>26.9%</td>
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<tr>
<td>White, not Hispanic or Latino</td>
<td>71.3%</td>
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Lane County

- Farming also a large industry for this county
- LEO Command: “We don’t have any domestic violence or sexual assault calls.”
- Completely different judicial district
- Two survivors in the last 5 years who were from Lane County
- Outreach materials are routinely removed from sight or discarded

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<td>4.8%</td>
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<td>92.2%</td>
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Rapes Reported in FCS Service Area

• Finney—21 reports with 6 arrests
• Greeley—1 report with 1 arrest
• Hamilton—3 reports with 1 arrest (first year they reported to the Kansas Bureau of Investigation)
• Kearny—2 reports with 0 arrests
• Lane—0 reports with 0 arrests
• Scott—3 reports with 1 arrest
• Wichita—0 reports with 0 arrests

KBI’s 2012 Domestic Violence, Stalking, and Rape In Kansas Report
The Process

Assessment, Action Plan, Implementation
Assessment

• RSP/NSVRC’s “Personal Assessment for Advocates Working with Victims of Sexual Violence”
• RSP/NSVRC’s “Organizational Assessment for Agencies Serving Victims of Sexual Violence”
• Organizational Checklist
• Sexual Assault Services Action Plan
Lessons Learned: Personal Assessment

- Eye-opening for advocates and program
- Staff was requesting additional training
- Informed the action plan
- Staff interpreted questions differently
- Confidentiality of staff
- Discussion/explanation beforehand
Lessons Learned: Organizational Assessment

- Encourage as many staff to attend as possible
- Shed light on the areas that staff most needed/wanted training
- Shed light on core vs. comprehensive services
- Agree on an interpretation of the question/prepare examples and ratings
- Effective way to examine services as well as staff personal beliefs
- Informed action plan
**Action Plan**

**Sexual Assault Services Action Plan**

**ULTIMATE GOAL:** Improve advocacy services available for sexual assault survivors.

**Objective 1:**

<table>
<thead>
<tr>
<th>Action Step</th>
<th>Who Is Responsible</th>
<th>Timeframe</th>
<th>Resources Needed (Cost, Staff, Time, etc. Identify if this is a budget/stipend item***)</th>
<th>Needs Addressed</th>
<th>Anticipated Outcomes</th>
<th>Evaluation Method</th>
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Lessons Learned: Action Planning

• Celebrations in the “small” action steps
• Each action step takes longer than you think it will
• Build upon existing strengths and services
• Can be daunting
• Forced us outside of our box
• Required research
Lessons Learned: Implementation

- Staff “buy-in” was important
- Utilize staff strengths
- Hold each other accountable
- Cost of action steps varied
- Flexible
- Action plan is adaptable
- Needed creativity in creation of services
The Big Picture
Themes

- Screening
- Trigger planning
- Long-term services
- Equal training hours
- Closed cultural communities
Groundwork

• Environment was set up to be positive
• Involving staff in the process
• Preparing for change on all levels
• Community assessment
• Utilized in-state resources
Changing Organizational Culture

- Funding
- Community
- Agency
- Programming/Services
- Advocacy
Religion & Culture

• Closed communities
• Undocumented community
• Refugee community
• Religious diversity
Vicarious Trauma

• Resistance to intrinsic evaluation
• Resistance to change
• Mitigating trauma with increase in sexual assault services provided
• Building a culture of care
Innovative Practices

• Holistic healing practices
  – Art circles training
  – Trauma-informed yoga
  – Meditation and grounding
• Communication amongst rural resources
  – D/SV Programs
  – Other community agencies
• Institutionalizing SV services
  – Policies and procedures
  – Brochures
• Weaving prevention into services
  – Community education
References


Questions? Comments?
Questions & Information

Kansas Coalition Against Sexual & Domestic Violence (KCSDV)
634 S.W. Harrison
Topeka, KS 66603
785.232.9784
coalition@kcsdv.org
www.kcsdv.org

Family Crisis Services (FCS)
106 W. Fulton
Garden City, KS 67846
620.275.5911
fcs106@sbcglobal.net
www.familycrisiservices.org